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**Disabled
Supporters
Association**

OCTOBER NEWSLETTER

Dear Member,

Firstly we hope that you are all keeping safe and well as we live through these difficult times.

This months issue contains information on our upcoming events and also places where you can get support:

- **Junior members Halloween face painting event.**
- **Anfield trophy viewing & exhibition.**

- **New partnership between LDSA, LFC Foundation and Owen McVeigh Foundation.**
- **Virtual Christmas Party!**
- **International Day of Disabilities 2020.**
- **Mental Health Awareness Day 2020**
- **Mental health and well-being.**

Please take care, stay safe and look after each other.

Please check on any elderly or vulnerable neighbours, they may need some additional assistance with shopping, collecting prescriptions, or maybe they could just benefit from seeing a friendly face.

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HALLOWEEN SPOOKTACULAR!

On Friday 30th October between 5:30-7:00pm we will be holding a virtual Halloween Face Painting Spooktacular!

We are delighted to announce that participants from the LFC Foundation will be joining in with us for this event.

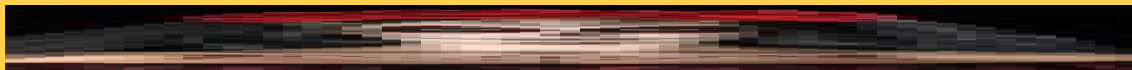
We will be sending out face painting kits to the children who have registered and they will then be invited to join our zoom event.

A make up artist will then guide the children, step by step, in how to paint a scary halloween face!

Maybe after the children have all had their faces painted, or painted Mum or Dads, our families can then have a halloween party safely at home.

PLEASE REMEMBER THAT YOU WILL NEED TO DOWNLOAD THE FREE VERSION OF ZOOM TO PARTICIPATE IN THIS EVENT.

We look forward to seeing you on the 30th October.



[DOWNLOAD ZOOM HERE FOR FREE](#)

LDSA MEMBERS PRIVATE VIEWING WITH ALL 4 TROPHIES AND NEW EXHIBITION



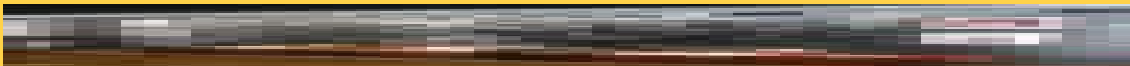
The date is now confirmed and the event will take place on

Sunday 18th October 2020

8.15-11am, for logistical reasons some of you have already been assigned a time slot.

All who registered should have now received their registration form and payment will need to be made by Monday 5th October.

We are monitoring the current situation closely and liaising with LFC on a daily basis, we will keep you updated.



NEW PARTNERSHIP BETWEEN LDSA, LFC FOUNDATION AND OWEN McVEIGH FOUNDATION

We are delighted to announce a new partnership between

ourselves, the LFC Foundation and the Owen McVeigh Foundation.

This will consist of the following:

- **Family Fun Days**
- **Football Festivals**
- **Evening Activity Sessions**

We are looking at arranging the evening sessions with the LFC Foundation as soon as is practicably possible, whilst remaining inside the current restrictions and assuming that it is in a safe environment.

We believe that it is a natural progression for the LDSA to have a working relationship with the Foundation that will be of benefit to our members, by including them in the many events that the Foundation put on and we are sure that it will be of great benefit to all concerned.

TO BOOK ANY OF THE LFC FOUNDATION SESSIONS BELOW
PLEASE CLICK HERE





LDSA VIRTUAL CHRISTMAS PARTY 2020!

Sadly, we have been informed by LFC that no Christmas party's will be held at Anfield this year.

This means that our Christmas party has unfortunately had to be cancelled.

However, we have decided to hold a virtual party for our members!

The Christmas party event will consist of the following:

- A food hamper delivered to your home address for each ticket purchased**
- Raffle to win prizes consisting of LFC memorabilia and much more**
- Music from Jamie Webster**
- Announcement of the player of the year for season 2019/2020**

- **Special recognition award**
- **Auction**
- **Special guest appearances from current LFC staff**
- **And much more besides**

The event will take place on Saturday 12th December between 5-7pm and will be held via zoom, which is free to download.

The tickets are £15 for adults and £7.50 for junior members (under 16)

Every ticket sold will go into a prize draw to win a replica European Cup worth £300, what a Christmas present that would make for any Liverpool fan!

With the current restrictions in place at Anfield and also Chapel St, we would ask that payment be made via our LDSA website or by BACS wherever possible, this is due to the delay in us receiving our mail from Chapel St.

If you have an email address can we politely ask that you send it to us at ldsa@liverpoolfc.com and we will update our records, this will help us to get our communications out to you quicker and also help us save costs on postage.

Please click on the button below to find a link to the Christmas party booking form.

There is also a button where you are able to pay for your booking via our secure website.

All bookings will need to be in by 31st October 2020 for logistical reasons.

If you require any additional information, please do not hesitate in contacting me.

[PAY FOR YOUR ADULTS CHRISTMAS PARTY BOOKING HERE](#)

[PAY FOR YOUR JUNIOR CHRISTMAS PARTY BOOKING HERE](#)

[CHRISTMAS PARTY SECURE ONLINE BOOKING FORM](#)



INTERNATIONAL DAY OF DISABILITIES 2020

International Day of Disabilities will take place on 3rd December 2020.

The theme this year is "Not all disabilities are visible"

The LDSA will be working in partnership with the LFC Foundation and also Liverpool Football Club on this event.

Our aim is to raise awareness of the issues that a disabled person with an invisible disability faces on an almost daily basis.

Whether it's receiving verbal abuse at a football stadium when accessing an accessible lift, or getting insulting remarks when using a disabled bay at a supermarket, we want to hear about these issues that you encounter.

We are asking our members who have an invisible disability of any sort to record a short video of themselves talking about the the things that happen to you in your daily life and send it to us [HERE](#).

We will then forward it to LFC who will join all the videos together and turn it into one of the amazing videos that they now produce.

Liverpool Football Club will then release the finished product on all of their available media platforms.

This will really raise the profile of this issue and will make people aware about the many types of discrimination that those of us with invisible disabilities encounter on an almost daily basis.

Please send your videos in to us as soon as possible and

together let us make a difference.

We look forward to seeing some of our members raise awareness of this issue on LFCTV!

MENTAL HEALTH AWARENESS DAY 2020

Mental Health Awareness Day will take place on the 10th October this year.

Please commit to making a pledge to spread a bit of kindness to someone on the 10th of October.

Kindness is free but even a small act of kindness can make such a difference to someones life.

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Nobody should ever walk alone.

[LEARN MORE ABOUT MENTAL HEALTH HERE](#)

CHILDREN'S MENTAL HEALTH

Sometimes the mental health and well-being of children and young adults is sadly overlooked.

There is also a misconception that because they are young they are better able to cope with things.

Sadly, this couldn't be further from the truth and they need the same level of support as adults.

The NHS have a set up a page specifically to address this and it may be of some benefit to our disabled children. For further information please click on the link below.

[EVERY MIND MATTERS](#)

LFC FOUNDATION WELL-BEING SESSIONS

Our friends at the LFC Foundation have kindly offered to put on some mental health well-being sessions for members of the LDSA.

I am pleased to inform you that some of our members are already benefitting from this service.

If this is something that you believe may be of benefit to you, please contact us [here](#) and we will make the necessary arrangements.

HEALTH AND WELL-BEING SUPPORT

If any of our members are finding things particularly difficult as we live through this crisis please do not feel that you are alone.

Please remember that if you need any assistance or support please contact us [HERE](#) and we will try to assist you wherever possible.

Please also find below some links to organisations that may be of help to you.

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ORGANISATIONS OFFERING SUPPORT, ASSISTANCE & INFORMATION

[LFC FOUNDATION MENTAL HEALTH](#)

[MIND](#)

[CARERS UK](#)

[NATIONAL DEBTLINE](#)

[GOV.UK CORONAVIRUS INFORMATIN](#)

[MONEY SAVING EXPERT](#)

[TURN2US](#)

[THE SAMARITANS](#)

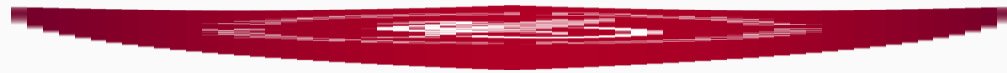


LDSA WEBSITE AND SOCIAL MEDIA

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WE ARE LIVERPOOL AND THIS MEANS MORE

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You received this because you are a member of the LDSA.

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